

## Addison's Disease,



### Diagnosis, Treatment and Follow-up

#### Joint meeting of patient organisations in Europe and the Euradrenal consortium

### PROGRAMME

#### Thursday 11 November 2010

- |           |  |
|-----------|--|
| 1100      | Registration   |
| 1200      | Lunch  |
| 1300-1310 | Welcome  |
| 1310-1330 | Presentation of the Euradrenal consortium<br>Professor Eystein Husebye, University of Bergen, Norway                     |
| 1345-1415 | Pathogenesis and diagnosis<br>Professor Olle Kämpe, Department of Medical sciences, Uppsala University, Sweden.          |
| 1500-1530 | Coffee   |
| 1530-1600 | Treatment of Addison's disease<br>Professor Simon Pearce, Clinical Medical Sciences, Newcastle University, Newcastle, UK |
| 1630-1640 | Break  |
| 1640-1700 | Adrenal emergencies: a summary of recent research<br>Dr. Martina Erichsen, University of Bergen, Norway                  |
| 1730-1800 | General discussion   |
| 1900      | Dinner   |

#### Friday 12 November

- |           |  |
|-----------|--|
| 0900-0930 | Handling of patients with Addison's disease and diabetes<br>Professor Klaus Badenhoop, Klinikum der Johann von Goethe Universität,<br>Frankfurt am Main, Germany |
| 1000-1030 | Natural course of Addison's disease<br>Dr. Sophie Bensing, Karolinska Institute, Stockholm, Sweden   |
| 1100-1130 | Coffee   |
| 1130-1200 | Quality of Life<br>Associate professor Kristian Løvås, University of Bergen, Norway  |
| 1225-1255 | General discussion on how to improve diagnosis, treatment and<br>follow-up   |
| 1300      | Lunch  |

1400-1420	Steroid card & disease information: the German experience
1420-1440	Emergency card, surgical guidelines & hospital stickers: the UK experience
1500 – 1530	Coffee
1530-1550	Emergency instructions, surgical guidelines: the Netherlands experience
1550-1610	Self-injection in emergencies: the Danish experience
1630- 1700	General discussion - key points
1900	Dinner

*There will be questions, discussions and summing up of key points at the end of all the lectures (chair professor Eystein Husebye).*

## **PATIENT ORGANISATIONS AGENDA**

### **Saturday 13 November**

0930-1130	Presentation of/by all present organisations (5-10 minutes each)
1130-1230	Website and netforum. Exchange of how we use this
1245-1400	Lunch
1400-1500	The Norwegian patient coaching system Øyvind Lindland, head of the Norwegian organisation
1500-1530	How do we get fundings for our organisations? Exchange of ideas
1530-1600	Coffee
1600-1700	Networking; ideas on how we can organise this
1900	Dinner

### **Sunday 14 November**

1000-1100	Evaluation
1100-?	Possibility of guided tour of Bergen